

Study Tips

For Students

- Gather and organize all work materials before beginning to study.
- Establish a consistent study time and routine.
- Develop a positive attitude and consider schoolwork important.
- Review information covered in class each day, even if there is no assigned homework.
- Make a list in a daily planner or calendar of homework to be done each day.
- Take short breaks when you notice your mind wandering.
- Study the most difficult subject first, easiest subject last.
- Customize your study area to fit your study habits: well-lighted and furnished with supplies such as dictionaries, a clock, pens, pencils, and paper. You may prefer soft pillows and a beanbag, or a desk and chair.
- Do your own work and try your very best to understand difficult concepts before seeking help.

For Parents

- Older and younger children have different attention spans, so the amount of study time will differ. Allow about 15 to 20 minutes of study time for younger children. Older children and teens can study for longer periods of time.
- Maintain an open and communicative relationship with your child's teachers.
- Children progress at different rates; avoid comparing your child's progress with another's.
- Parents can help children reach their full potential by taking an interest in their child's work, encouraging them to study, and providing a supportive environment.

For further reading about school and home, contact your county Extension home economist and request Information Sheet 1443 Children, Parents, and Teachers: A Winning Team for Education.



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