



Single Program
Nutrition
\$en\$
Post
Survey

Participant Information

- Age: (Please check one)
 Youth 12 – 18
 Adult 19 – 64
 Adult 65+
 Gender: (Please circle one)
 Male Female
 Ethnicity: (Please circle one)
 1-0 White (non-Hispanic)
 2-0 Black (non-Hispanic)
 3-0 Hispanic
 4-0 Native Am Ind/Alaskan
 5-0 Asian/Pacific Islander
 6-0 Other

Instructions for Participants

Please help us make our programs and materials better by answering the following questions. First, think about what you will do from now on and then think back to what you did before. Circle the best answer for each.

Question	Never	Some of the Time	Most of the Time	Always
After today, how often will you use a plan for how to spend your money?	1	2	3	4
Before today, how often did you use a plan for how to spend your money?	1	2	3	4
After today, how often will you plan your meals ahead of time?	1	2	3	4
Before today, how often did you plan your meals ahead of time?	1	2	3	4
After today, how often will you shop for food from a list?	1	2	3	4
Before today, how often did you shop for food from a list?	1	2	3	4
After today, how often will you compare prices before you buy food?	1	2	3	4
Before today, how often did you compare prices before you bought food?	1	2	3	4



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Distributed by **Deborah Little, Ed.D.**, Extension Family Nutrition Program Coordinator.

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