

# Get on board with 10 Great Dates TO ENERGIZE YOUR MARRIAGE

Discover this fun, proven, male-friendly, award-winning, teach right-out-of-the-box program that opens the door to marriage education. Combining fun dates and marriage education skills, *10 Great Dates* gives couples time-out to build their marriage and enrich their relationship.

*"Brilliant, Skilled-based, Adaptable, Ultra affordable! The genius of 10 Great Dates is couples come for dates and get marriage skills. Plus it appeals to couples in any setting. No wonder it's the most widely used marriage education program and is used by all denominations, by the military, and other groups around the country who are launching community-wide healthy marriage initiatives."*  
Diane Sollee, MSW, Founder and Director, SmartMarriages.com

**Think about this...**

If you're the church on the corner offering fun dates and free or low-cost childcare,

**THEY WILL COME!**

# What others are saying about 10 Great Dates

## From Participants

*"This has us talking about things we've never been able to talk about."*  
*"10 Great Dates was the best thing that ever happened to us as a couple to strengthen our marriage."*  
*"My husband would never come to church with me before, but he felt very safe coming to 10 Great Dates."*

## From Leaders

*"Sacramento has fallen in love with 10 Great Dates. In the first year of the Sacramento Healthy Marriage Project, over 40 organizations with over 1000 participants began falling in love again. Thank you Dave and Claudia for bringing us this easy, fun and inexpensive program to change our community."*

Carolyn Rich Curtis, Ph.D., Executive Director, Sacramento Healthy Marriage Project

*"When I think about how programs usually run in a church, the programs typically talk AT us and then we talk ABOUT it and we even talk ABOUT APPLYING it but just a few of us really and truly DO it... 10 Great Dates provides a safe and fun environment to actually DO something about our marriages and it actually WORKS to build our marriages little by little."*

Sandy (and Gary) Yagel, Clergy Couple



For Information and to order Resources  
Phone: 888-690-6667  
[www.marriagealive.com](http://www.marriagealive.com)

# 10 GREAT DATES®



*"You will love growing together while going out together."  
—John Gray  
Author of Men Are from Mars, Women Are from Venus*

A fun-filled approach  
to building  
Healthy Marriages

DAVID & CLAUDIA ARP

# 10 Great Dates Curriculum

## The DVD



### Get these features!

- Fun!
- Easy-to-lead
- Skilled-based
- Bridges community & faith-based groups
- Ultra affordable
- Male-friendly

### DVD includes:

- 10 video date launches (sessions)
- Leader's Guide
- Promotional clips
- PDF files with promotional material

## The Participant's Book

### 10 Great Dates to Energize Your Marriage

includes everything else you need to make your dates great—including tear-out dating exercises.



## 10 Great Dates FOR BLACK COUPLES

A special African American edition - Partnership with Rozario Slack, DMIn & Angela Slack, MD



**NOW** Available in Spanish and Korean.

# 10 GREAT DATES

*Get ready to enjoy some of the best times in your marriage!*

### You'll learn to:

- Communicate better
- Process anger & resolve conflict
- Set realistic goals
- Build a creative sex life
- Develop spiritual intimacy
- Balance busy lifestyles
- And more!

## Check out this deal!

Get the *10 Great Dates* DVD, *Leader's Guide* and *Participant's Book* for only \$39.99. (not a typo!)

Note: *10 Great Dates* is on the ACF resource list and is especially appropriate for grant priorities 1, 2, 3, and 8. It's a great feeder and booster for other programs!



*Get the sizzle back with a FIREPROOF GREAT DATE*

Be a hero! Let the movie FIREPROOF launch or energize your 10 Great Dates program. Look for an official FIREPROOF GREAT DATE Guide at: [FireproofmyMarriage.com/couples/10greatdates](http://FireproofmyMarriage.com/couples/10greatdates)  
**WWW.MARRIAGEALIVE.COM**

## Other Resources

### Books

*10 Great Dates Before You Say "I Do"*



*10 Great Dates for Empty Nesters*



### DVD Curriculum

## The Second Half of Marriage

- Renew your love
- Reinvent your marriage
- Make the rest the best



A unique resource for those near or in the empty nest—even through retirement. (DVD, *Leaders Guide* and book only \$39.99)

"The Second Half of Marriage is full of rich insights into marriage in later life and the many challenges and hopes it offers."

John Gottman, Ph.D., author & marital researcher

## Meet the Creators of 10 Great Dates

Claudia Arp & David Arp, MSW, founders of Marriage Alive®, are educators, award-winning authors, popular speakers, and frequent contributors to print and broadcast media. They have appeared on *NBC Today*, *CBS This Morning* and *PBS*. Their work has been featured in publications such as the *Wall Street Journal*, *The New York Times* and *USA Today*.

