Master Volunteer System - Log of Activities

Healthy Lifestyle Volunteer

Part of Get Healthy, Trim Down Delta Project

Month: _____

Volunteer Name: _____

County: _____

Date Submitted: _____

Date	Act Cat #	Description	Hours					Contacts											
			Teach Hrs	Prep Hrs	Other Service Hrs	Cont Ed Hrs	Miles	Am. Indian Male	Am. Indian Female	Asian/Pac. Male	Asian/Pac. Female	Black Male	Black Female	Hispanic Male	Hispanic Female	White Male	White Female	Other Male	Other Female
		Totals																	

Master Volunteer Activity Category Codes(Act Cat #):

1-Direct teaching-adult (one-on-one)

5-Civic/club presentation (faith-based org)

7-Contest judging (for health posters: 4-H or school)

3-Class preparation(studying, traveling)

6-fairs/shows/exhibits/promotion

10-Administrative (reports, officer duties, board meeting, planning)

12-Other (please specify)