

What is Quick Bites?

Quick Bites is a program offered through the Mississippi State University Extension Service that provides timely information on a wide variety of topics to citizens across the state through interactive video. Not only do you have the opportunity to learn about topics ranging from Gardening to Photography, but you also have the chance to ask questions and interact with the Extension agent or specialist teaching the class as well as other participants.

For your convenience, the programs are held during lunch (12-1pm) on Thursdays. So bring your lunch and join us for a Quick Bite.

Schedule for August 2008

August 7

i-Legal

Downloading music and movies to your laptop, mp3 player, or cell phone can be a great way to get just the songs you want or keep yourself occupied during long trips. However, with the rise of illegal music downloading, the Recording Industry Association of America is targeting individuals who download music illegally. In this Quick Bites, we will talk about keeping you legal when it comes to music and file downloads.

Mariah Smith, Instructor, Computer Applications and Services, MSU-ES

For more information contact your local county Extension office.

Mississippi State Extension Service
UNIVERSITY

On-campus participants can attend in the Bost Building room 409.

Schedule for August 2008 Cont'd

August 14



Money Traps That Can Keep You Broke

Many families are faced with making tough budgetary decisions. During this session you will learn 10 cash crisis traps as well as suggestions for less costly ways to solve your current cash crisis. These tips will help you avoid another budget crunch next month.

Shretta Varnado, MSU ES Area Family and Resource Development Agent

August 21

French Chef Goes Creole

Chef Roland will prepare seafood gumbo. He will demonstrate making bread bowls to serve the gumbo as well as give helpful hints on cooking rice.

Roland Parry, Coordinator of Culinary Research & Development in the Department of Food Science, Nutrition and Health Promotion, MSU

August 28

No Quick Bites

Coming in September

Programs from Computer Services, Family Resource Mgt, University Florist and MSU Meat Lab.

