

Physical and Motor Developmental Checklist

Child's Name: _____ Teacher's Name: _____

School/Center Name: _____ Year: _____

Code: 1 = Needs Development 2 = Developing as Expected 3 = Advanced Development

Competencies and Objectives	Observations		
	<i>Fall</i>	<i>Mid-Year</i>	<i>Spring</i>
1. Develops a sense of body coordination and explores moving in space			
1.1 Demonstrates a sense of balance and body coordination			
1.2 Begins to move in rhythm to songs and music			
2. Develops gross motor skills			
2.1 Demonstrates coordination of large muscles to perform simple motor tasks (e.g., <i>climbing, jumping, throwing a ball</i>)			
2.2 Participates in group activities involving gross motor movement			
3. Develops fine motor skills			
3.1 Demonstrates coordination of small muscles using manipulatives that vary in size and shape to perform simple motor tasks (e.g., <i>lacing, folding, cutting</i>)			
3.2 Participates in group activities involving fine motor movement			
3.3 Uses a wide variety of writing tools and drawing materials			
3.4 Demonstrates coordination of small muscles using technology			