

## Physical Development Observational Checklist

Child's Name: \_\_\_\_\_ Teacher's Name: \_\_\_\_\_

School/Center Name: \_\_\_\_\_ Year: \_\_\_\_\_

**Code: 1 = Needs Development    2 = Developing as Expected    3 = Advanced Development**

**Note: The checklist should be used three times a year at minimum. (Fall, Mid-Year, and Spring)**

<b>Benchmarks and Expectations</b>	<b>Observations</b>		
	<b>Fall</b>	<b>Mid-Year</b>	<b>Spring</b>
<b>1 Develops sense of body coordination and explores moving in space</b>			
1.1 Begins to develop sense of balance and body coordination			
1.2 Begins to move in rhythm to songs and music			
<b>2 Develops gross-motor skills</b>			
2.1 Begins to develop large muscle coordination and greater control in movement			
2.2 Begins to participate in group activities involving movement			
<b>3 Develops fine-motor skills</b>			
3.1 Begins to develop small muscle coordination using manipulative materials that vary in size, shape, and skill requirements.			
3.2 Begins to experiment with a wide variety of writing tools and drawing materials			
3.3 Begins to show interest in technology			