









Mississippi Child Care Resource & Referral Network 2011-2012 Professional Development Course Catalog

Mississippi Child Care Resource & Referral Network, part of the Mississippi State University Extension Service, offers statewide professional development opportunities for early care and education providers, workshops for parents, and educational materials through its Resource Centers. Our goal is to improve the quality of care for Mississippi's youngest and most vulnerable population through education, outreach, and research. For further information and to see our Course Calendar, go to www.childcaremississippi.org or call 1-866-706-8827.

- Infants & Toddlers (Birth to 2.5 years) 
- Preschool (2.5 to 5 years) 
- All Ages (Birth to 5 years) 
- School Age (5 years & older) 
- Directors 
- Special Needs 



Please pre-register for all professional development trainings by calling the contact person listed on the Course Calendar located online at www.childcaremississippi.org, call 1-866-706-8827 or email mccrr@ext.msstate.edu for further information.

Infants and Toddlers: Birth to 2.5 years

Course Title	Course Description	Contact Hours
<p style="text-align: center;"><i>The Creative Curriculum</i> Series</p> <p>Based on <i>The Creative Curriculum for Infants & Toddlers</i>, this series of thirteen workshops includes the following sessions:</p> <ul style="list-style-type: none"> • Why Quality Matters • Defining Curriculum for Infants & Toddlers • The Central Role of Caregivers/Teachers • Knowing Infants & Toddlers • Observing Infants and Toddlers • Planning and Individualizing • Working with Families • Creating a Welcoming Environment • Promoting Health and Safety • Guiding Children's Behavior • The Routine of Routines • Activities Day by Day • Early Literacy Experiences • Choosing Toys and Games 	<p>Designed as a comprehensive investigation of best practices for infant and toddler teachers, <i>The Creative Curriculum</i> workshops focus on specific topics that support responsive care. Each two-hour training session provides practical tips for engaging young children in early learning experiences based on their individual needs and development. From creating a safe and nurturing environment to understanding appropriate methods of guiding behavior, these workshops offer valuable information and insight for both the new and the experienced early care and education provider.</p>	<p>2 contact hours for each workshop</p>

Course Title	Course Description	Contact Hours
<p>The ELG Series for infants and toddlers is divided into Part 1, Part 2, and individual content workshops.</p> <p>Part 1: The Foundations of Development, The Learning Environment, Developing Lesson Plans.</p> <p>Part 2: Record-keeping and Observations, Developing Self-Help Skills, Social and Emotional Development</p> <p>Content Trainings</p> <ul style="list-style-type: none"> • Language, Vocabulary, and Literacy Development • Mathematical Development • Physical Development • Scientific Development 	<p>The ELG Series, based on the <i>Mississippi Early Learning Guidelines for Infants and Toddlers</i>, provides a comprehensive educational foundation for early care and education providers serving infants and toddlers. From the latest research to activities for classroom use, each ELG training offers practical information for building social and emotional, cognitive, and motor skills.</p> <p>Part 1 and Part 2 are taught in their entirety. No exceptions will be made to divide the content into separate trainings, even for special conferences.</p>	<p>Part 1: 6 contact hours</p> <p>Part 2: 6 contact hours</p> <p>Content Trainings: 2 contact hours for each workshop</p>
Right from Birth	This video series is designed to teach parents and early care and education providers key ways to increase school success through early educational experiences.	6
Toddler Art	Participants in this hands-on workshop will learn fun ways to teach young children important concepts through age-appropriate art activities.	2
Creative Activities with Infants & Toddlers (Make & Take)	Using inexpensive items found around the house, workshop participants will create age-appropriate toys.	2
Your Young Child: What to do When Baby Cries	This course discusses the reasons infants cry, signs and causes of infant colic, techniques for soothing fussy infants, and ways to cope with the stress of a crying child.	2
Your Young Child: Helping Baby Sleep	Participants will learn about infant sleep patterns, the impact of culture on parenting, and effective ways of encouraging children to self-soothe themselves to sleep.	2
Your Young Child: Learning to Say Goodbye	This workshop addresses transitions from home to child care, comforting techniques, and ways to deal with the stress of leaving a child in someone else's care.	2
Your Young Child: When All You Hear is "NO!"	Participants will learn components of effective discipline for young children, behavioral management strategies, and how parenting styles impact children's behavior.	2
Your Young Child: Making Mealtimes Manageable	This class focuses on eating habits, why some children become "choosy" eaters, and strategies to make mealtimes easier.	2
Your Young Child: The Exploring Toddler	Participants will learn components of effective discipline for young children, behavioral management strategies, and how parenting styles impact children's behavior.	2

Course Title	Course Description	Contact Hours
Out of the Box! Infants Don't Pretend, Do They? & The Seeds of Dramatic Play: Enhanced by Adults	This training will introduce infant and toddler teachers to ways to facilitate emerging pretend play skills in infants and toddlers.	2
Out of the Box! Reality Bites: Biting at the Center	This training explores the reasons behind biting behavior, and introduces participants to ways to cope positively with this difficult situation, including ideas on how to respond to parents.	2
Working with Infants	This introductory course is designed for new practitioners who work with infants. As a professional orientation, this workshop includes information on child development, health & safety, daily routines, & special considerations for working with infants.	3
Working with Toddlers	This introductory course is designed for new practitioners who work with toddlers. As a professional orientation, this workshop includes information on child development, health & safety, daily routines, & special considerations for working with toddlers.	3

Preschool: 2.5 to 5 Years



Course Title	Course Description	Contact Hours
<p>The ELG Series is divided into Part 1, Part 2, and individual content workshops.</p> <p>Part 1: How Children Learn, The Learning Environment, Thematic Units</p> <p>Part 2: Social/Emotional Development, Assessments & Observations</p> <p>Content Trainings:</p> <ul style="list-style-type: none"> • Language, Vocabulary, & Literacy Development • Mathematical Concepts • Scientific Investigation • Physical Development 	<p>The ELG Series, based on the <i>Mississippi Early Learning Guidelines for Three-Year-Old Children</i> and the <i>Mississippi Early Learning Guidelines for Four-Year-Old Children</i>, provides a comprehensive educational foundation for preschool teachers and early care and education providers serving three- and four-year-olds. From the latest research to activities for classroom use, each ELG training offers practical information for building academic, social, and motor skills.</p> <p>Part 1 and Part 2 are taught in their entirety. No exceptions will be made to divide the content into separate trainings, even for special conferences.</p>	<p>Part 1: 6 contact hours</p> <p>Part 2: 6 contact hours</p> <p>Content Trainings: 2 contact hours for each workshop</p>
<p>The Cavity Free Kids series</p> <ul style="list-style-type: none"> • A-Brushing We Will Go: Let's Clean Our Teeth Together • The Dentist is My Pal: Help Kids Become Comfortable • Let's Learn About Teeth: Healthy Teeth, Healthy Bodies • Now We Know: How We Get Cavities • Foods for Strong Teeth: Help Families Choose 	<p>This series was designed to help childcare providers educate and support children and parents to have healthy teeth and to keep teeth healthy, as well as achieve healthy teeth. These trainings will give childcare providers ideas as well as guidelines to promote healthier teeth. Each training session is 2 hours, with a focus of four items:</p> <p>Tooth Tips: Important information for the childcare giver</p> <p>New Bites for Families: Handouts for families</p> <p>Little Bites for Kids: Simple facts to share with kids</p> <p>Kids Can: Fun activities to do with kids</p>	<p>2 contact hours for each workshop</p>

Course Title	Course Description	Contact Hours
<p><u>The Creative Curriculum for Preschool</u> Series contains the following training sessions:</p> <ul style="list-style-type: none"> • How Children Develop & Learn • The Learning Environment • The Teacher’s Role • The Family’s Role • Art • Blocks • Toys and Games • Music & Movement • Sand and Water • Cooking • Outdoors • Computers • Dramatic Play • Discovery • Library 	<p>These workshops look at the preschool setting from the perspective of implementing <i>The Creative Curriculum for Preschool</i>, a research-based program for three to five year olds. After establishing foundational principles in the first four workshops, content area trainings focus on several of the interest areas implemented in the curriculum framework. From selecting age-appropriate toys and evaluating them for their safety to understanding the importance of sand and water play, these workshops balance theory and research with practical activities and information. This series complements implementation of the <i>Mississippi Early Learning Guidelines for Three-Year-Old Children</i> and the <i>Mississippi Early Learning Guidelines for Four-Year-Old Children</i>, as well as the Early Childhood Environmental Rating Scale (Revised), known as the ECERS-R, in planning high quality early educational experiences for preschool-age children.</p>	<p>2 contact hours for each workshop</p>
<p>The <u>Care to Read Series</u> is comprised of the following workshops:</p> <ul style="list-style-type: none"> • Understanding Early Language and Literacy Development • Creating Literacy-Rich Environments • Where Conversation Leads • Reading Aloud • Making My Mark • Supporting Language and Literacy Every Day 	<p>The <u>Care to Read Series</u> focuses on the environment and activities conducive to building language and literacy skills in the preschool setting. Whether learning to select appropriate books for reading aloud, discovering ways to arrange the room, developing listening and speaking skills, or understanding the connection between reading and writing, each workshop in this series increases participants’ understanding of the simple methods they can use to engage children in communication activities every day.</p>	<p>2 contact hours for each workshop</p>
<p>The <u>Limited Resources, Unlimited Creativity: Applying ELG Concepts in Your Preschool Classroom</u> series includes these trainings:</p> <ul style="list-style-type: none"> • The Math Center • The Science Center • The Language Center • The Art Center • The Music Center • The Dramatic Play Center • The Block Center 	<p>The Limited Resources, Unlimited Creativity series focuses on using recycled, donated, and low-cost items to stock learning centers with appropriate learning activities in the preschool classroom. Participants will apply their knowledge of the Mississippi Early Learning Guidelines, recommendations based on the Early Childhood Environmental Rating Scale (Revised), and best practices reviewed during the workshop to create activities and learning materials from reusable resources. Each two-hour course includes Make & Take activities.</p>	<p>2 contact hours for each workshop</p>

Course Title	Course Description	Contact Hours
Nutrition	This training is based on developing an understanding of nutrition. This training will provide instruction for parents and childcare providers on how nutrition affects us, and the importance of following healthy nutrition practices.	2
CATCH Nutrition and Physical Health	This training will instruct participants in nutrition and exercise for preschool-age children. The training incorporates information on gardening, musical movement, and snack activities.	2
Working with Preschool Children	This introductory course is designed for new practitioners who work with preschool-age children. As a professional orientation, this workshop includes information on child development, health and safety, daily routines, learning centers, and special considerations for working with 3- and 4-year old children.	3
Basic Spanish for the Preschool Classroom	Language development is a key aspect of preschool curriculum and concepts taught can be reinforced with basic Spanish and sign language. Created for non-Spanish speakers, this training will provide songs, helpful resources, and practice in learning colors, numbers, and animals in Spanish, English and American Sign Language.	2
Books You Can Count on	Learn how to use children's literature to reach and reinforce mathematical concepts in this engaging investigation of how the <i>Early Learning Guidelines</i> can be taught with picture books.	2
Bring the World to Your Classroom	Diversity is a critically important concept to teach young children. This workshop focuses on ways to bring diversity into the preschool classroom through thematic units, learning centers, books, and displays.	2
Cooking Up Some Fun	Cooking, a natural part of every child's life, is an ideal way to teach children lifelong healthy eating habits while promoting knowledge, skills, and creativity.	2
<p>Based on the <i>The NAP SACC Curriculum</i> series for preschool teachers, cooks, and directors, this series of 5 trainings includes the following:</p> <ul style="list-style-type: none"> • Childhood Overweight • Healthy Eating • Physical Activity • Personal Health • Working with Families 	This series was designed to help childcare providers to become healthy examples to the children and parents they work with on a daily basis. These trainings will give childcare providers ideas and guidelines for developing and maintaining healthier lifestyles. Each training session is 2 hours, with issues from healthy eating to developing physical activity personally and with infants and preschoolers.	2 contact hours for each workshop

Course Title	Course Description	Contact Hours
Awesome Ocean	Discover the underwater world in this course designed to strengthen planning for thematic units.	2
Winter Science	Participants will learn to plan seasonal science activities using everyday “kitchen science” items. This training focuses on a hands-on approach to scientific discovery.	2
Spaces are Special Places	This course focuses on actively engaging participants in identifying effective room arrangement for meeting the needs of children and facilitating discovery-based learning.	2
When Disaster Strikes: Disaster Preparedness Training	Learn how to prepare your center, your families, and the children in your care for all kinds of natural and manmade disasters. Training also includes tips on helping children cope.	2
Shovel & Sift, Splish & Splash	This course emphasizes the significance of sand and water play and the variety of activities and materials that can be used in the sand and water table for sensory exploration.	2
Putting the Print in Print-Rich	Participants will discover the importance of incorporating print and language into early childhood classrooms. Examples of materials and activities to include in a print-rich environment will be provided.	2
Between the Lions: Get Wild About Reading Preschool Professional Development	Based on the PBS television show, the “Between the Lions” Preschool Literacy Initiative is designed to help children develop a strong foundation in early literacy. Materials include several episodes of the television program and related activities.	2
Ready to Read: Sesame Street For teachers of 3 year olds	Developed by MSU’s Early Childhood Institute, this workshop uses the Sesame Workshop DVD “Every Day is a Reading and Writing Day” to share language and literacy concepts with early care and education providers.	2
Ready to Read: Between the Lions For teachers of 4 year olds	Developed by MSU’s Early Childhood Institute, this workshop features language and literacy lessons and activities designed especially for four-year-old children using the PBS television show “Between the Lions.”	2
What Do You Do with the Mad that You Feel?	In this workshop, early care and education providers will learn strategies for teaching children self-control and management of powerful emotions.	3
We Are the Same, We Are Different: Bringing Diversity Into the Classroom	This training emphasizes the importance of using books, activities, and stories to enhance diversity and appreciation of other cultures in the classroom on a daily basis, with a special focus on the ECERS-R.	2
Challenging Behaviors: Where Do We Begin?	Challenging behaviors are difficult not only for the child who is exhibiting them but also their teachers, peers, and families of children in the class. This workshop will provide insight into managing challenging behaviors and teaching self-regulation.	3

Course Title	Course Description	Contact Hours
Play to Learn: The Importance of Play in Preschool	This new research-based training focuses on the impact of play in all its forms on children’s cognitive, social, emotional, and physical development. Learning has never been such fun!	2
Smart & Healthy Kids	This training is comprised of three components. “Healthy Start” focuses on children ages 3 to 5 and their families. “Animal Trackers” and “Healthy Hops” are two programs that emphasize physical activity and nutrition.	4
From Lullabies to Literacy: The Importance of Relationship	A strong and nurturing relationship between a child and his or her early care and education provider is critically important to language development and emergent literacy. Join Mr. Rogers and gain insight into the connection between songs, word games, books, writing experiences, and the child-provider relationship.	3
Learning Discipline: Connecting Discipline, Communication, and Relationships	Nurturing the development of self-discipline in young children is a key part of the early care and education provider’s role. This workshop will teach providers to help children respond positively to external guidance and shift to internal discipline.	3
Let’s Explore! Encouraging Curiosity in Young Children	Children are naturally curious and thus born scientists. However, many early care and education providers are challenged to include hands-on science activities with children. This training, which includes video of Mr. Rogers, gives attendees practical tips and inspiration for engaging children in what they love most: exploring their world.	3

Intermediate Level Courses

Course Title	Course Description	Contact Hours
Promoting Emotional Resilience	Developed by MSU’s Early Childhood Institute, this intermediate level course helps participants learn how to develop emotional resilience in children ages 4-6 years old. Emotional resilience is an important component of comprehensive emergency management in early childhood programs.	3
Play to Learn: The Role of the Teacher	Designed to be taken after the Basic Level “Play to Learn: The Importance of Play in the Preschool Classroom” workshop, this training delves into current research about play and focuses on how teacher interaction builds complexity and expands learning opportunities.	2

Intermediate

Creative Art: No More Coloring Sheets	Learn how to set up the art center and engage children in age-appropriate activities with materials that foster creativity and cultural sharing, and contribute to all areas of development.	2
The Learning Environment: ELG Intermediate Level	This workshop addresses room arrangement emphasizing the use of learning centers and how to best utilize those centers. Special attention will be paid to the Early Childhood Environmental Rating Scale (ECERS-R) and incorporating the Early Learning Guidelines into the curriculum framework.	2
Thematic Units: ELG Intermediate Level	Building on the foundation established in the Basic Level training, this hands-on workshop delves into planning strategies for teaching with thematic units in three- and four-year-old classes. Emphasis will be placed on incorporating the Mississippi Early Learning Guidelines into lesson plans.	2
Language, Vocabulary, & Literacy Development ELG Intermediate Level	From the “Whole Language versus Phonics” debate to the latest trends in literacy instruction, this workshop includes research-based information and practical tools for building language skills in the preschool classroom -- without worksheets, flashcards, or expensive programs!	2
Physical Development: ELG Intermediate Level	By using non-competitive games and incorporating physical activity with learning competencies, teachers can bring together cognitive development, physical development, and social and emotional development. This workshop will get you up and moving, so be prepared to have fun!	2

Out-Of-School



Course Title	Course Description	Contact Hours
<p>Basic Out of School Care training (BOSC) is divided into Part 1, Part 2, and individual content lessons.</p> <p>Part 1: Ages and Stages, SACERS (School Age Environment Rating Scale), Room Arrangement</p> <p>Part 2: Guidance for School Age Children, Thematic Units, Observation and Assessments</p> <p>Content Trainings</p> <ul style="list-style-type: none"> • Incorporating Language & Reading • Move and Groove • Science Magic • Math Mania 	<p>This Basic Out of School Care training provides a comprehensive educational foundation for care and education providers serving school age children 5 to 12 years old. The training will help participants build a quality program for school age children during times they are not at school, such as holidays, summer break, and after school hours. Providers will learn the basics of child development, guidance, the learning environment, scheduling, curriculum, and activities.</p> <p>Part 1 and Part 2 are taught in their entirety. No exceptions will be made to divide the content into separate trainings, even for special conferences.</p>	<p>Part 1: 6 contact hours</p> <p>Part 2: 6 contact hours</p> <p>Content Trainings:</p>

Course Title	Course Description	Contact Hours
Inclusion in Out-of-School Programs	This workshop addresses out-of-school physical activities that are adapted and modified to meet the needs of the special	2
Bully-Free Environments for Out-of-School Programs	This workshop will provide effective strategies to promote a bully-free environment by provide information relative to taking steps to preventing and stopping bullying in out-of-school programs.	2
Let's Write! With Out-of-School	Do you find yourself struggling to include writing in your after school program? If so, this workshop will provide strategies to integrate writing into out-of-school programs. Participants will gain ideas about ways to incorporate fun writing activities into the after school program.	2
Out of the Box! School Readiness	This training focuses on preparing children for academic success in out-of-school environments. Participants will be introduced to ways to encourage educational play and create a thriving learning environment.	2
Going to School	This readiness campaign will aid parents and education providers in helping children succeed in school and preparing them for a lifetime of learning.	2
Smart and Healthy	This training is comprised of three components. "Healthy Start" provides information and training for school age children and their families. "Animal Trackers" and "Healthy Hops" are two programs that emphasize physical activity and nutrition.	4

All Ages

Course Title	Course Description	Contact Hours
<i>I am Moving, I am Learning</i> series <ul style="list-style-type: none"> • Body Language • Moving with the Brain in Mind • Nutrition Building Blocks • MVPA Every Day • Activities for All • Move, Play, & Learn at Home • Take it Outside! 	This series of training focuses on raising health and nutrition awareness for child care providers. The training utilizes current research and provides strategies for how to increase physical activity levels and promote healthy nutrition choices. Each workshop is worth 2 credit hours.	2 contact hours for each

Course Title	Course Description	Contact Hours
Out of the Box! Child Nutrition	This training addresses nutritional concerns such as allergies, obesity, and pesticides, and suggests creative and healthful ways to respond to such concerns.	2
Out of the Box! Fitness and Health	Participants in this training will learn the benefits of physical fitness, injury prevention strategies, and ways to introduce relaxation and stretching activities.	2
Out of the Box! Hard Joys: Managing Behaviors with a Creative Mind and Playful Spirit	Participants will be introduced to six teaching tools for reshaping challenging behaviors in young children, and ways to individualize teaching responses to each child. In addition, participants will learn to investigate behavior as a sign of underlying developmental issues.	2
Out of the Box! Learning Through Music: The Support of Brain Research	This training is designed to introduce teachers to how music supports brain growth and development. Participants will learn how musical experiences develop problem-solving skills, listening skills, and memory retention.	2
Out of the Box! Sensory Integration	This training will help teachers understand the importance of the indoor and outdoor environments and address ways to integrate sensory experiences, especially for children with sensory integration challenges.	2
Out of the Box! Positive Behavior Strategies	This training take a comprehensive look at challenging behaviors, and explores strategies for managing challenging behaviors with purposeful work to support independence, self-care, and responsibility. The training also focuses on the role of sensory integration as an underlying issue in challenging behaviors.	2
Out of the Box! The Impact of Sensory Integration on Behavior: Discovering Our Best Selves	This training will explore the impact of sensory integration on behavior. Participants will learn how to choose effective visual images for the classroom incorporate interactions with the natural world, and plan activities that promote a sense of discovery.	2
Out of the Box! The Project Approach in the Early Years, I, II, & III	This training will introduce participants to the three stages of the Project Approach, an approach that uses investigation and discovery to support children's intellectual development and to encourage physical fitness.	2



Course Title	Course Description	Contact Hours
Early Learning Guidelines: Director's Training	This training will familiarize directors and director-designees with the <i>Mississippi Early Learning Guidelines</i> for infants and toddlers, and 3- and 4-year-old children. These guidelines provide research-based strategies that ensure high quality learning standards for early childhood programs. Additionally, a session on high quality management will focus on using the Early Learning Guidelines checklists, proper record-keeping, and health and safety.	6
Child Care As a Business One Day Renewal	Busy directors who have already taken the 16-hour "Childcare As a Business" course can get the latest updates on licensure regulations, QRS, and other programs while also benefitting from sessions on leadership and professionalism in the workplace. Quality improvements begin with the director's vision, so join us for this one-day renewal course and network with other directors for some inspiration and practical tips.	6
Child Care As a Business	This intensive three-day workshop is designed for those who want to start their own childcare business, or are currently serving as directors in established childcare centers. Topics include: how to get started, record keeping, determining prices to charge, marketing, licensure regulations, professionalism, room arrangement, food safety, meal/snack planning, Child and Adult Care Food Program, discipline and communicating with parents. Speakers from a variety of professions as well as state and local organizations participate in the series.	16
Basic Out of School Care: Director's Training	This training will familiarize directors and director-designees with Basic Out of School Care. The training provides research-based strategies that ensure high quality learning standards for after school programs. Directors will learn the basics of child development, guidance, the learning environment, scheduling, curriculum, and activities.	6

Course Title	Course Description	Contact Hours
Checkpoints on the Quality Track	This session was created to assist directors with creating periodic checkpoints for their center to ensure they are on the quality track. Strategies are included; however, directors are encouraged to create strategies that work for them based on their center and the star level on which they are currently working.	1
Building a Professional Development Plan	Where do you as a professional child care giver want to be in your career a year from now? And how do you plan on meeting your goal? The best outcomes always start with a detailed plan and this workshop teaches how to develop a plan and put it into action, not only for directors, but for employees as well.	1
Parent Involvement	Parents are a great resource for child care providers but are often not utilized to meet their greatest potential. In this workshop, participants will discuss why parents are vital to a quality program and how to engage them to the point that they are “on board” with the goals and desires for the center.	1
Staff Evaluation	This session reviews the importance of annual staff evaluations, and provides tools to assist directors with the documentation needed to conduct a fair evaluation based on providing quality care to young children.	1
Taking Care of Director	This session was created to assist child care directors in examining their current stress level, determining the origins of their stress, and to develop strategies to reduce stress in their lives at work.	1
Teacher Motivation	“Burn Out” is common among teachers of all ages and typically results in underachievement from children. This workshop will help participants to recognize when staff have “reached their limits” and then provides helpful tips on re-energizing teachers. Happy teachers who enjoy their jobs are better teachers and accomplish more in the classroom.	1
Safety First!	Whenever children are involved, safety is always our primary concern. How can we as directors be aware of every safety issue involving our centers? This workshop gives an overview of safety precautions for: cribs, car seats, toys, bikes and helmets, first aid kits, inside hazards as well as outside hazards, and supervision by adults.	1

Course Title	Course Description	Contact Hours
<p><i>I am Moving, I am Learning series</i></p> <ul style="list-style-type: none"> • Opportunity Knocks: Reversing Current Obesity Trends • Birth to Five: Introduction to Motor Development • Teaching Across Cultural Horizons • Reflect & Plan: Taking IMIL to Your Program • Engaging Families & Staff in MVPA • Child Assessment: Observing and Evaluating Motor Skills in Young Children • Tapping into HSBS: Resources for MVPA Year-Round • Making the Most of Your Music • IMIL Finale 	<p>This series of training focuses on raising health and nutrition awareness for directors. The training utilizes current research and provides strategies for how to increase physical activity levels and promote healthy nutrition choices. Each workshop is worth 2 credit hours.</p>	<p>2 contact hours for each</p>

Directors’s Credential Course

The director’s credential course consists of nine 15-hour modules that cover a variety of issues important to child care center directors. Completion of all nine modules will result in a Director’s Credential certification.

Course Title	Course Description	Contact Hours
Module 1: Role of the Director	What is the role of the director? What part does a director play in the success of a childcare program? How does a director avoid burnout? The answers to these questions and more are covered in this introductory module of the Director’s Credential course.	15
Module 2: Child Development Ages Infants, Toddlers, and Two-Year-Old Children	Module Two focuses on early childhood development research and how directors can utilize this knowledge in their program. Age-stage related information such as biting, temper tantrums, and toilet training are covered in detail as well.	15
Module 3: Child Development Ages Three to Twelve	The focus of Module Three is preschoolers and school-age children. Participants will not only learn the developmental changes occurring with these age groups but also how to meet these needs in a group care setting.	15

Course Title	Course Description	Contact Hours
Module 4: Program Development	Module Four covers the basics of creating and organizing a childcare program. A variety of program development topics from the mission statement to parent involvement and more is discussed in detail.	15
Module 5: Program Administration	To successfully maintain a childcare program, directors need to know the specific duties and responsibilities that come with being an administrator. Module Five goes further into management topics such as quality assurance, emergency plans, menu planning, and more.	15
Module 6 : Staffing Issues	Building and maintaining a high quality team of staff members can be a very difficult task. Module Five explores in detail staff recruitment, interviewing, evaluations, reward systems, and termination procedures.	15
Module 7: Financial Management	In Module Seven, participants will learn the basics of financial management such as managing tuition and program costs. Participants will also receive in depth training on creating an annual operating budget designed for a childcare program.	15
Module 8: Curriculum	The final Module of the Director's Credential Training Course is a comprehensive testing module. Module Nine is designed to put participants in the director's shoes to utilize knowledge that has been gained throughout the course with case study based situations.	15



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